



# HealthyBITS

A Newsletter Published by Community Health of South Florida, Inc.

## CHI Swings Into Success at Annual Golf Tournament

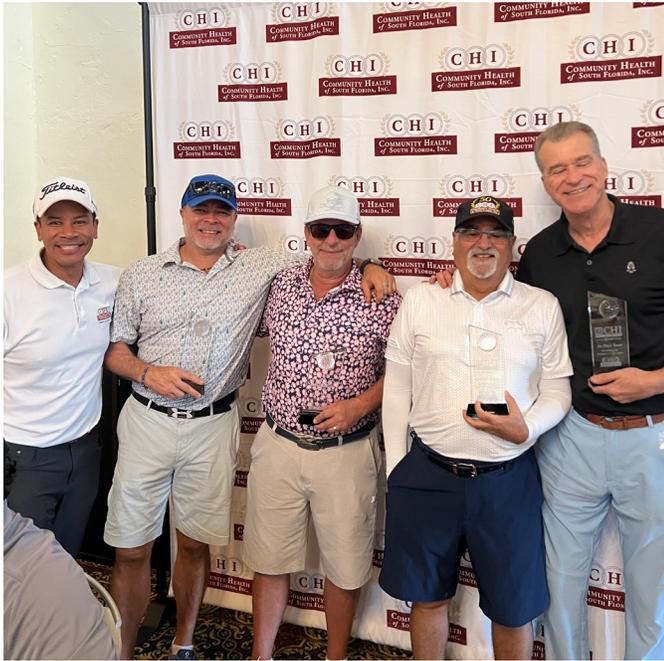


*(From left to right) Armando Echeverria, Gustavo Hermida, Marc Sutter, and Mike Martin a part of team RDS soak up the sun on the golf course as they snap a picture.*

The 2025 Annual CHI Golf Tournament was held this year at the iconic Biltmore Hotel Golf Course in Coral Gables. Nearly 100 golfers attended a day filled with friendly competition, community spirit, and charitable giving. The stunning golf course and weather set the stage for a memorable event that brought together healthcare leaders, local businesses, and supporters from across South Florida.

President and CEO, Blake Hall, gave a speech thanking them for their selfless generosity throughout the years.

“We could not do this without you,” declared Hall as he opened the tournament with gratitude and excitement! “Your support helps us continue our mission to provide high-quality healthcare for everyone in southern



*President and CEO, Blake Hall (left), smiles with 1st place winners of the tournament Hector Capo, Ricardo Illanes, Arjun Saluja, and Clayton Varga.*

Miami-Dade and Monroe counties. Every swing today drives us closer to a healthier tomorrow.”

Adding extra excitement to the day, the Miami Heat dancers made a special appearance, bringing smiles and energy to the golfers. With the support of generous sponsors and an enthusiastic group of players, the tournament raised \$100,000, funds that will go directly toward CHI’s ongoing efforts to ensure access to quality, affordable healthcare for all.

Among the event’s standout supporters was OneDigital, the tournament’s presenting sponsor for several years. Their representative, Robin Tierney, shared her appreciation for the event and CHI’s impact.

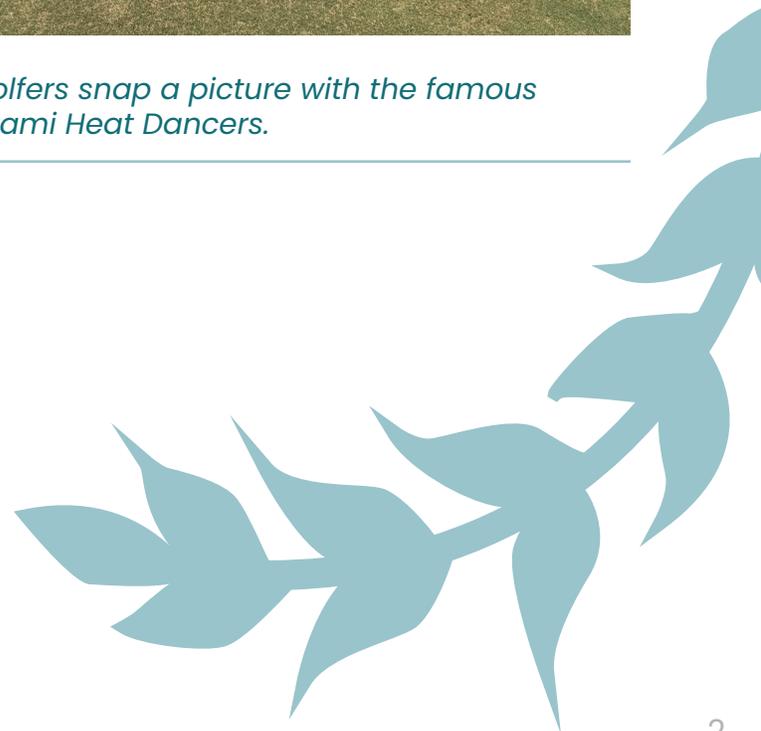
“We were more than excited to support this event and are proud of the work CHI has done in the community,” she said. “At OneDigital we also believe in giving back to the communities that we serve. The Biltmore Hotel golf course is just beautiful and everyone that worked this event did a great job!”

As the sun set over Coral Gables, the day concluded with a delightful dinner celebration, where guests mingled, shared stories from the course, and cheered as the tournament winners were announced. The evening served as a perfect reminder that when the community comes together, everyone wins.

CHI remains deeply thankful to all who participated and contributed to making this year’s golf tournament a success. Through the ongoing partnership of sponsors, donors, and community leaders, CHI continues to be a beacon of hope and health for families across South Florida.



*Golfers snap a picture with the famous Miami Heat Dancers.*



# President & CEO Message

I am filled with gratitude and pride as I reflect on the incredible work happening across our organization and the strong sense of community that continues to define who we are.

The South Florida Hispanic Chamber of Commerce recently awarded CHI with the Community Health Impact Award during its Sunshine Awards luncheon. The award is a testament to the outstanding work and compassion from our team on a daily basis.

Last month, CHI hosted our annual Golf Tournament at the beautiful Biltmore Hotel. I am proud to share that this year's event raised over \$100,000 to support our programs and services. This tremendous achievement would not have been possible without the continued generosity of our sponsors and supporters who believe in our mission. Their commitment to giving back allows us to expand access to quality healthcare and make a lasting impact on the communities we serve. To all who participated, thank you for making a difference.

We also celebrated one of our most cherished traditions, Cultural Awareness Day. Each year, this event brings our CHI family together to honor the many cultures, backgrounds, and traditions that make us who we are. It is always inspiring to see our staff come together in celebration of unity and mutual respect. Our culture is one of CHI's greatest strengths, and I am so proud that we continue to carry this tradition forward year after year.

As we reflect on these successes, I want to emphasize the importance of continuing to advocate for health centers like CHI and those across the nation. Community health centers are a vital lifeline for millions of Americans, providing accessible, affordable care to all who need it. I encourage you to reach out to your local officials. Your voice matters and together, we can help ensure that health centers continue to receive



the funding and support needed to train the next generation of healthcare professionals and serve our communities for years to come.

As we head into the holiday season, I am reminded of how important it is to take care of ourselves and each other. This time of year often brings travel, gatherings, and celebrations, so I encourage everyone to stay up to date on flu immunizations and take the necessary steps to keep yourself and your loved ones healthy. Let's continue to carry into the months ahead the spirit of compassion, gratitude, and service that defines CHI.

**Thank you for being part of the CHI family and for your continued commitment to our mission. Together, we are building healthier, stronger communities today and for the future.**

A handwritten signature in black ink that reads "Blake Hall". The signature is written in a cursive, flowing style.

**Blake Hall**

# GET COVERED!



## Open Insurance Enrollment Period

November 1, 2025 through January 15, 2026

Our team of Enrollment Specialists will work with you one-on-one for **FREE** to help enroll you in a medical insurance plan.

**Get Enrolled in an  
Affordable Care Act Insurance Plan  
Formerly known as Obamacare  
Call a CHI Enrollment Specialist Today  
305-323-3001**

To learn more, visit [chisouthfl.org/acainsurance](https://chisouthfl.org/acainsurance)

**Please come prepared with the required documents.  
See other side of this page for documents that are accepted.**

# Coming Back Home to Care: Dr. Natalie Abad's Journey of Service and Heart

From the very beginning of Dr. Natalie Abad's career, she knew she wanted to work closely with her community and help those in need. That dream first came to life during her medical school rotation at Community Health of South Florida, Inc. (CHI) in 2020.

"I've always been passionate about community health," Dr. Abad said. "I knew this would be the perfect place for me to get well rounded exposure to what life as an OB/GYN would be like."

Now a pediatrician at CHI, Dr. Abad, originally set out to become an OB/GYN physician at the start of her medical school journey. However, that quickly changed when she witnessed a baby being born for the first time during her rotation with CHI.

"The first time I saw a baby being born I thought moms are great, but my heart was with the newborns in the delivery room," she laughed. "I think that's where my interest in pediatrics sparked."

Dr. Abad completed her five-week rotation during the height of the 2020 pandemic. It was a time marked with uncertainty and stress coupled with an already demanding workload. Despite the challenges, Dr. Abad was able to make it to the finish line with the help of the CHI team's passionate leadership.

"During the pandemic, resources were scarce, and patients were going through a hard time but seeing the relationships the attending had with patients and the

compassionate care she was able to give them, was inspiring," Dr. Abad said. "My clinical experience was very well-rounded. Being at CHI, I really got exposed to everything, and most importantly, I worked a lot with midwives."



*Dr. Natalie Abad joined CHI in 2025 and practices at the Doris Ison Health Center.*



*Dr. Abad checks 2-month-old Talia Goodman's vitals during routine checkup appointment.*

Dr. Abad graduated from Florida International University in 2022 and went on to complete her residency in New York City at Columbia University Irvine Medical Center–New York Presbyterian Morgan Stanley Children’s Hospital Manhattan. There, she gained experience working in a hospital for an underserved population, working long 24-hour shifts that shaped her understanding of medicine and patient care.

Her time in New York reinforced her passion for community health and her desire to pursue general pediatrics. With that clarity, she knew she needed to return to her roots in Miami to give back to the community she knows best.

“I knew that I wanted to come home and work in the community that raised me,” she said. “I always saw myself working at a health center like CHI. My mission in medicine aligned quite nicely with CHI’s.

For Dr. Abad, caring for children means supporting the entire family. She believes that providing quality healthcare involves addressing the full range of patients’ needs.

“Yes, you can have a diagnosis, have an assessment and your plan of action, but if you can’t meet patients where they’re at in the moment, it’s not going to make a difference with their health in the long run,” Dr. Abad stated. “I think it’s the reason why medical homes like CHI are so beneficial because we have all that here to see how to best help the families.”

Dr. Abad joined CHI in October, returning to where it all started for her. Today, she is a fierce advocate for families and believes that if the baby or child is doing well, then the whole family is happy. She is dedicated to making sure that every child receives the best possible care. She also hopes to train and inspire future residents and students at CHI, just as she once was.



*Dr. Abad during her time as a medical student at Florida International University.*



COMMUNITY HEALTH  
of SOUTH FLORIDA, INC.

*Holiday*

**TOY**

**GIVE-A-WAY**



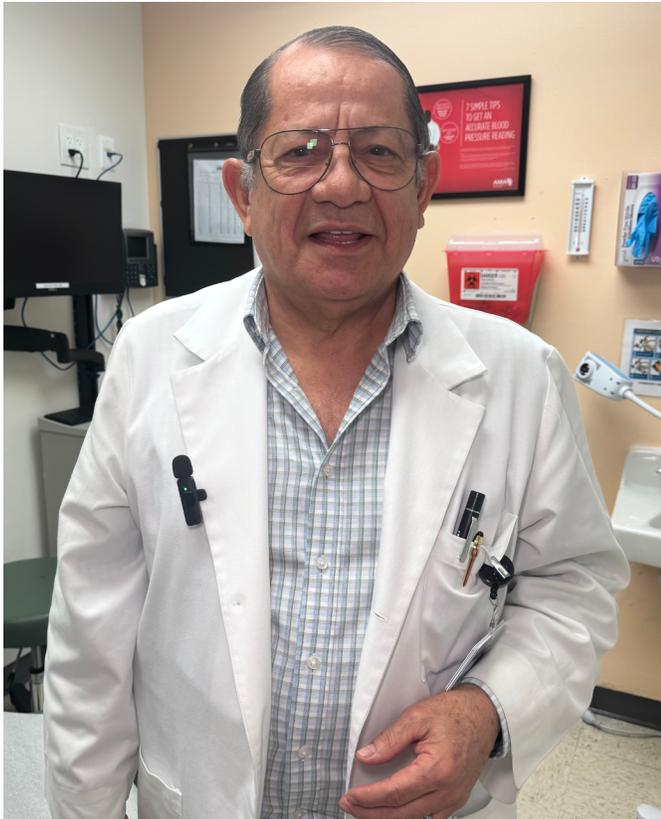
UNTIL DECEMBER 15

★ **BRING A TOY AND GIVE JOY** ★

HELP DONATE UNWRAPPED AND NEW TOYS TO  
GIVE CHILDREN A BETTER CHRISTMAS SEASON!

**DROP-OFF LOCATION:** 10300 SW 216 STREET  
MIAMI, FLORIDA 33190  
BEHAVIORAL HEALTH ADMINISTRATION  
305-252-4838

# Our Compassionate Team Serving You



**NIGEL MOLINA, PA**

[CLICK HERE](#)



**GABRIELA DE LEON, PFSS**

[CLICK HERE](#)

